

2018 Houston Ball Association Contract and Parental Authorization Form

I do hereby agree to cooperate fully with the commissioners and coaches of the Houston Ball Association and to play baseball or softball for the aforementioned teams to the best of my ability. Participants in the Houston Ball Association are not covered by medical or accident insurance. Each participant is encouraged to carry his/her own personal coverage during the practice and playing season.

Please Print

| | |
|------------------------------|--|
| Name of Player | Boy or Girl Circle One |
| Printed Parent/Guardian Name | Yes No Telephone Number Texting OK? |
| Email Address | Yes No Alternate Phone Texting OK? |

Liability Waiver:

We, the parents/guardians, hereby give our approval to our son or daughter to participate in any games or practices during the current season. We assume all risks and hazards incidental to such participation including transportation to and from the aforementioned activities and we do hold harmless the local association, the organizers of the league, the uniform sponsors, supervisors, commissioners, financial supporters, umpires, managers, coaches and person transporting our son or daughter to and from the activities for any claim arising out of injury to our son or daughter. We agree to return any equipment issued to our son or daughter in as good of condition as when received, except for normal wear and tear.

| | |
|------------------------------|------|
| Parent or Guardian Signature | Date |
|------------------------------|------|

Please Circle T-Shirt Size: Note: Youth shirts tend to run small

| | | | |
|--------------|-------------|----------------|--------------------|
| Youth Sizes: | Small (6/8) | Medium (10/12) | Large (14/16) |
| Adult Sizes: | Small | Medium | Large X-Large |

Volunteer to Coach:

Volunteer coaches and assistant coaches are needed for this program to be successful. As a parent, would you be willing to volunteer to be a coach or assistant coach? Offering to volunteer does not guarantee a coaching or assistant coaching position.

Coach: ___ Assistant Coach: ___ Printed Name: _____ Shirt Size: _____

- Please return the following 3 items to the school office by **Thursday, March 15th**:
 - This Sign-Up Form
 - Lindsay's Law Parent/Athlete Signature Form *Please visit the link on our school website for more information*
 - League Fee Payment (Checks Payable to: **Houston Ball Association**) *See back for league details and fees*
- Due to T-shirt orders, no refunds will be issued.
- All teams will have a turn to work in the concession stand. You will receive an email from the Sign Up Genius website. Your help is greatly appreciated!
- For questions, please contact the following people: Steve Mowery at 937-492-6879 or yrewom00@hotmail.com (boys)
Brian & Jen Crim at 937-498-4060 or bcrim@roadrunner.com (girls)

2018 Houston Ball Association – Official Sign-ups

T-Ball: **Boys & Girls Currently in Kindergarten and Pre-K (going into Kindergarten/Young Fives next year)**
Approximately 6 games
End of May – end of June
\$25 fee includes shirt

G-Ball: **Grades 1-3 girls (Coach pitches to batters)**
Approximately 9 games
Mid-May – end of June
All games played at Houston against other Houston teams
End of season tournament
\$35 fee includes shirt & team headband

Grades 1-2 boys (Pitching machine)
Approximately 9 games
Mid-May – end of June
All games played at Houston against other Houston teams
End of season tournament
\$35 fee includes shirt & hat

4th/5th Girls Traveling Softball:
Approximately 10 games
End of May – mid-July
Games played at various fields within county
\$40 fee includes shirt and team headband

3rd/4th Boys Traveling Baseball:
Approximately 8 home/8 away games
Mid-May – mid-July
\$40 fee includes shirt and hat

5th/6th Boys Traveling Baseball:
Approximately 8 home/8 away games
Mid-May – mid-July
\$40 fee includes shirt and hat

*6th grade girls play in a summer league and will receive sign-up information from Mr. New at a later date

Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) a heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach **MUST** remove the youth athlete from activity immediately. The youth athlete **MUST** be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must view the Ohio Department of Health (ODH) video about Sudden Cardiac Arrest, review the ODH SCA handout and then sign and return this form.

Parent/Guardian Signature

Student Signature

Parent/Guardian Name (Print)

Student Name (Print)

Date

Date