

# Hardin Houston Elementary

2019-2020

## March Newsletter

### Upcoming events:

**March 11: Cats Reward-earned**

**March 19: 1<sup>st</sup>/2<sup>nd</sup> Music Program**

**April 2 & 3: Kindergarten Screening**



### A message from the Principal:

March has finally arrived, and Spring is right around the corner. The next few months will be filled with testing. Students in grades 3-6 will be taking Ohio State Tests, all students will take Map spring benchmarking, and most students will take spring Student Learning Objective assessments. In addition, students in grades K-2 will have their reading level assessed at the end of 4<sup>th</sup> quarter. Sounds fun, right? I don't know about you, but I am very glad I was in school before all of this testing was required! I honestly can't see how students today are graduating with more knowledge and abilities than ever before. In fact, I could argue that many students are graduating without the necessary skills to be productive in the workforce. If you agree, I highly recommend that you contact your legislators and make your opinions known. If they hear from more of us, perhaps they will take a more objective look at the situation.

With all that being said, I promise that we will work in some fun for the students during the last quarter so that they can look back on their year with a smile. We have 2 CATS reward days to come, field day, and plenty of days with beautiful weather so the teachers can get the kids out for some relaxing fun. Please make note of the OST schedule below and make every attempt to have your child at school on testing day with a good breakfast.

	ELA		Math and Science
3 <sup>rd</sup>	March 30, April 1	3 <sup>rd</sup>	April 15 & 17
4 <sup>th</sup>	March 31, April 2	4 <sup>th</sup>	April 16 & 20
5 <sup>th</sup>	April 5 <sup>th</sup> & 9 <sup>th</sup>	5 <sup>th</sup>	April 21 & 23
6 <sup>th</sup>	April 6 & 8	6 <sup>th</sup>	April 22 & 24
		5 <sup>th</sup> sc	April 27 & 28



## Counselor's Corner – March

For the month of March, we are engaging students in important topics that will help carry them through different times in life.

In grades 5-6, students will look at self-esteem and self-image. In society, kids are often looking for a way to belong, but some of those ways are not healthy. Our kids are forced to compare themselves to others through social media and other media outlets, and this makes it difficult for students to feel comfortable with just being them. Some students feel negative words and thoughts in their minds that change the way they see themselves. They often look for relationships to make them feel better about who they are and struggle with remaining true to one's self. In this lesson, students will take a look at themselves and identify ways to strengthen their self-esteem without depending on affirmation of others.

In grades K-4, students will continue to learn a variety of skills from problem solving, to self-control, and building character. With each lesson, students will learn valuable strategies that can be practiced during the school day or at home. Below is a little bit of information that they are learning. Maybe, ask your kids to share with you more details.

### **Tattling vs. Telling Rules**

1. Be a Danger Ranger
2. Be a Problem Solver
3. Is it a Now or Later Problem?
4. MYOB – Mind Your Own Beeswax

### **Strategies for Self-Control**

1. Deep Breaths
2. Count Down from 10
3. Take a time-out
4. Listen to Music/Read
5. Exercise
6. Talk with someone using "I" statements