

# Hardin-Houston Elementary

2019-2020

## November Newsletter

### Upcoming Events:

**Nov. 4: Dr. Francis parent presentation 6:00 pm**

**Nov. 5: Parent teacher conferences 4-7:30, 1 hour early release**

**Nov. 8: No school, Parent teacher conferences 8:00-12:00**

**Nov. 11: Veteran's Day program 9:00**

**Nov. 21: PTO meeting 5:30 Any parent is welcome to attend.**

**Nov. 27-29: No school. Happy Thanksgiving!**

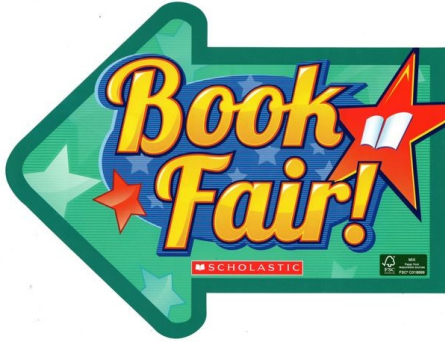


### A message from the Principal:

I have some exciting news to pass along to you. Hardin-Houston will be holding a special parent informational presentation on Monday, November 4 at 6:00 pm. Free childcare will be available, as will snacks. Dr. Josh Francis and his team have presented to our staff and will be presenting to our students this week. We believe it is important that parents have the opportunity to receive the same information. The title of the presentation is, "The Digital Jungle: Mental Wellness With Youth and Technology". Dr. Francis will include information regarding the effects of student use of technology. We all love the convenience that technology has brought to our lives, but we are also very aware of the negative side effects and potential dangers as well. This is a wonderful opportunity for you to learn some of the research and gain knowledge of how to combat these potential problems. I hope to see many of you that evening!



**Reminder – a red paw print stamp on the hand or arm of your student means their lunch account is low. The student needs money added to lunch account promptly.**



Scholastic Book Fair will be December 2<sup>nd</sup>-6<sup>th</sup>. The Book Fair will offer specially priced books, including popular series, award-winning titles, new releases, and other great reads from dozens of publishers. This event will be held on the elementary side of the library.

The Book Fair will be open daily during school hours. Family night will be Thurs., Dec. 5<sup>th</sup> from 3:00-7:00 with door prizes, contests, and refreshments.

Funds raised during the Book Fair will help buy books for our school library. Everyone is invited to attend the reading event which inspires children to become lifelong readers. Anyone can share their love of reading by donating their loose change through our *All for Books* program, which

#### Counselor Corner - November

For the month of November, most grade levels will cover some aspect of bullying. This has become the new buzz word and sometimes it is used out of context. A bully is a person or group of people doing something or saying something **ON PURPOSE** to hurt someone else (physically or emotionally) repeatedly and involves an imbalance of power. However, students need to know the correct way to handle situations when faced with a person who is being rude, mean, or bullying. The younger grade levels will focus on friendship and feelings.

**In grades 5-6**, students will be able to define the word bully and learn ways to cope with a bully regardless if it is here at school or online. Also, students will learn the effects bullying has on others. Most importantly, students are encouraged to report incidents of bullying to an adult and become an upstander. Four ways to be an Upstander:

- Be a buddy
- Interrupt
- Speak out
- Tell an adult – this is not tattling

To help promote being an Upstander or Stop Bullying, students will have the opportunity to create posters that we can hang around our school.

**In grades 3-4**, students will learn the difference between rude, mean, and bullying. They will also be provided strategies for handling these types of issues with their peers. Here are some definitions to help you out as well when we start having our lessons.

**Rude** - Doing or saying something **ON ACCIDENT** that hurts someone else

**Mean** - Doing or saying something **ON PURPOSE** to hurt someone else 1 or 2 times

**Bullying** - Doing or saying something **ON PURPOSE** to hurt someone else (physically or emotionally) many times and involves an imbalance of power

**In grades 1-2**, kids usually like to joke around with friends, but sometimes the joking is carried a little too far. Friends end up feeling hurt or upset. During this lesson, students are going to learn the difference between nice tease and a mean tease. Students will be given examples and learn that there are some strategies they can use when teasing gets to be too much.

**In kindergarten**, students will learn about the skills of making friends and keeping friends through different activities and videos used in the lesson.